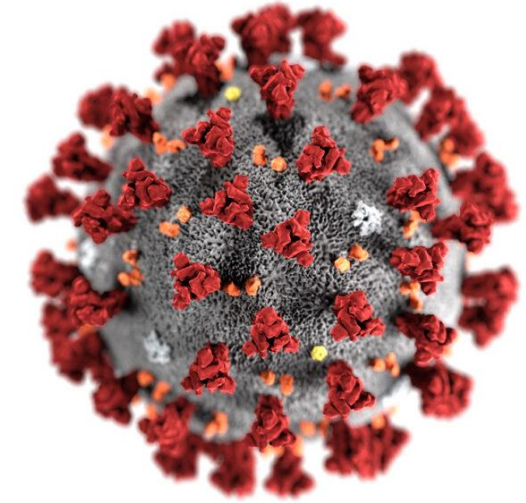


COVID-19 Resource Packet



2021-2022 SCHOOL YEAR

DETROIT LEADERSHIP ACADEMY PREK-12TH GRADE

Isolation and Quarantine

ISOLATION

Who? Individuals who have been diagnosed with COVID-19 are placed into isolation.

What? Isolation keeps someone who is sick or has tested positive for COVID-19 without symptoms away from others.

QUARANTINE

Who? Individuals who has been exposed to someone with COVID-19.

What? Quarantine keeps someone who was in close contact with someone who has COVID-19 away from others.



What is Quarantine?

Quarantine is used to keep someone who has been exposed to COVID-19 away from others. Quarantine helps prevent the spread of disease that can occur before a person knows they are sick or if they are infected but do not yet have symptoms.



Students and staff members who have been in close contact with a probable or confirmed person with COVID-19 should quarantine for:

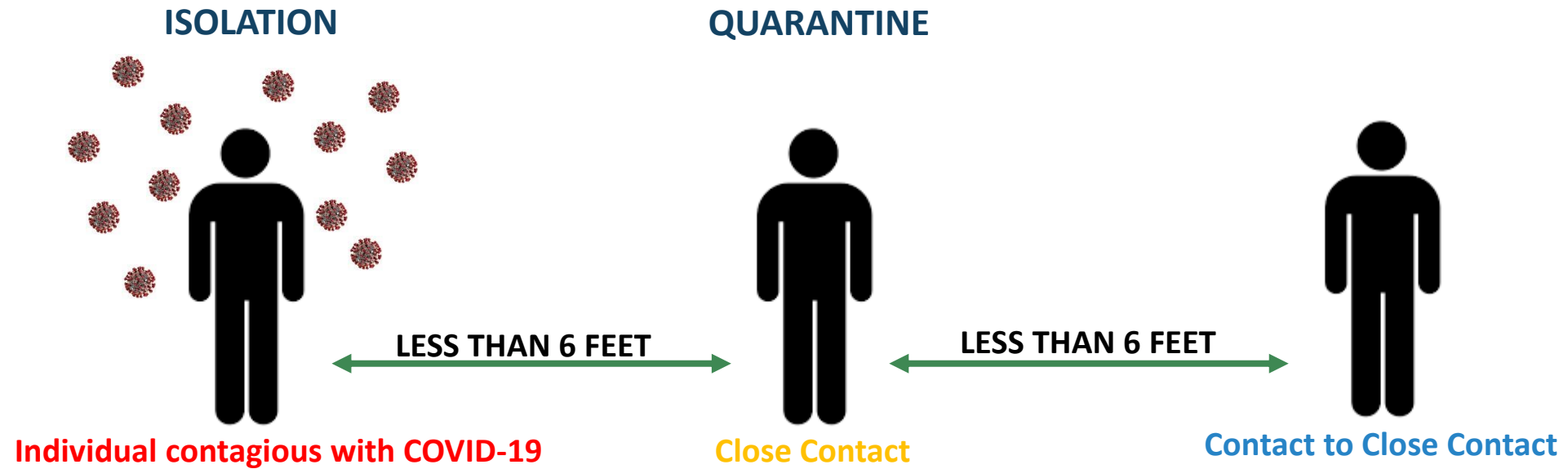
At least 10 days after last contact with a person who has COVID-19.

What is Close Contact?

- For COVID-19, a close contact is most often someone that has been within 6 feet (about 2 arms' length) of an infectious person for at least 15 minutes of cumulative time.
- Every case is different, however, and LCHD considers how COVID-19 is spread and how we get infected when providing guidance to schools for close contact identification.
- Close contacts to a person with COVID-19 are at risk of getting sick



Contacts of Close Contacts



Since **close contacts** are not yet known to be infectious, the **contacts of close contacts** do not need to be in quarantine and do not need to be identified or contacted.

Fully Vaccinated

In general, people are considered fully vaccinated:

- [2 weeks after their second dose in a 2-dose series](#), such as the Pfizer or Moderna vaccines, or
- [2 weeks after a single-dose vaccine](#), such as Johnson & Johnson's Janssen vaccine



Quarantine Guidance for Students Educational Setting* with Non-Universal Masking



*The educational setting refers to the classroom and bus.

Applies to students exposed in a classroom or bus setting where:

1. Individuals (case and close contacts) are NOT wearing masks covering their nose and mouth
2. Infection control guidelines are NOT being followed as outlined in the CDC Guidance for COVID-19 Prevention in K-12 Schools

Outcome:

Fully Vaccinated or Recent Infection students:

- Fully vaccinated asymptomatic individuals and those who have had COVID-19 within the last 3 months do not need to quarantine and can continue to attend in-person school.
- Exposed, fully vaccinated individuals are recommended to wear a mask and get tested 3-5 days after an exposure.

Unvaccinated students:

- Unvaccinated students (who are close contacts) identified **within 6 feet** should quarantine.

If any students feel ill or develop symptoms of COVID-19, they should isolate at home and get tested.

Quarantine for Students

Educational Setting* with Universal Masking**



*The educational setting refers to the classroom and bus. **DLA Practices Universal Masking.

Applies to students exposed in a classroom or bus setting where:

1. All individuals (case and close contacts) are wearing masks covering their nose and mouth
2. Infection control guidelines are being followed as outlined in the CDC Guidance for COVID-19 Prevention in K-12 Schools

Outcome:

Fully Vaccinated or Recent Infection students:

- Fully vaccinated asymptomatic individuals and those who have had COVID-19 within the last 3 months do not need to quarantine and can continue to attend in-person school.
- Exposed, fully vaccinated individuals are recommended to wear a mask and get tested 3-5 days after an exposure.

Unvaccinated students:

- Unvaccinated students (who are close contacts) identified **within 3 feet** should **quarantine**.
- Unvaccinated students (who are close contacts) identified **between 3 to 6 feet** should be notified of their exposure and asked to **monitor their health for 14 days** from the date of exposure. These students do not have to quarantine and can continue to attend in-person school.

If any students feel ill or develop symptoms of COVID-19, they should isolate at home and get tested.

Quarantine for Students

Non-Educational Setting* (Regardless of mask use)

*The non-educational setting refers to the any other school-related setting, including school-related sports and extracurricular activities.

In non-educational settings, the following quarantine guidance is recommended for exposed students:

Fully Vaccinated or Recent Infection students:

- Fully vaccinated asymptomatic individuals and those who have had COVID-19 within the last 3 months do not need to quarantine and can continue to attend in-person school.
- Exposed, fully vaccinated individuals are recommended to wear a mask and get tested 3-5 days after an exposure.

Unvaccinated students:

- Unvaccinated students (who are close contacts) identified **within 6 feet** should **quarantine**.

If any students feel ill or develop symptoms of COVID-19, they should isolate at home and get tested.

Quarantine for Staff (Regardless of mask use)

In educational and non-educational settings, the following quarantine guidance is recommended for exposed staff:

Fully Vaccinated or Recent Infection staff:

- Fully vaccinated asymptomatic individuals and those who have had COVID-19 within the last 3 months do not need to quarantine and can continue to attend in-person school.
- Exposed, fully vaccinated individuals are recommended to wear a mask and get tested 3-5 days after an exposure.

Unvaccinated staff:

- Unvaccinated staff (who are close contacts) identified **within 6 feet** should **quarantine**.

If any staff feel ill or develop symptoms of COVID-19, they should isolate at home and get tested.

Home Quarantine Best Practices

DLA recommends that individuals in quarantine:

STAY HOME! Except to seek medical care or if there is an emergency.



- Socially Distance from Household Members
- Wear a Mask in Common Areas of the Home
- Limit the Use of Commonly Shared Items

Household Members not exposed to COVID-19 may continue their normal activities, including working outside of the home or attending in-person school.

Symptoms

Quarantined individuals and all household members should continue to monitor for symptoms of COVID-19, including:

- Fever (temperature of 100.4°F or higher)
- Chills
- Muscle Aches
- Fatigue
- New Loss of Taste or Smell
- Nausea
- New or worsening cough, shortness of breath, or difficulty breathing
- Headache
- Sore throat
- Diarrhea, vomiting, or abdominal pain
- Runny Nose or Congestion

If an individual in quarantine starts to develop symptoms, please call a trusted healthcare provider and notify them of your exposure to COVID-19.



Testing

TEST TIME

If you are in home quarantine from a non-educational setting exposure and want to get tested, DLA recommends testing toward the end of quarantine. A negative test during quarantine **DOES NOT** release you from home quarantine early.

TEST TYPE

DLA recommends getting a nasal swab (PCR or antigen) or a blood test (antibody).

TEST LOCATION

Testing sites can be found on the City of Detroit Health Department website <https://detroitmi.gov/departments/detroit-health-department/programs-and-services/communicable-disease/coronavirus-covid-19> and the Michigan Department of Health and Human Services (MDHHS) website Michigan.gov/coronavirus



Return to School

Individuals may return to school if they have completed their home quarantine period and do not have symptoms of COVID-19.



A negative test result is not required to return to school from home quarantine.

Contact Us!

Contact us!

Detroit Leadership Academy

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